

Have trouble putting a condom on? Try pulling the condom over the top rather than rolling it down. Start by unrolling the condom about 1cm and put two fingers from each hand under either side. Stretch it over the head and part way down the shaft. Then unroll to the base of the cock.



MAKE SURE YOUR COCK IS HARD WHEN YOU PUT THE CONDOM ON.

Use plenty of water-based lube (e.g. Wetstuff, KY, Glyde, Ansell, Durex, Wet) with latex condoms. Eros, a silicon-based lube, is also OK. Oil-based lubes (e.g. baby oil, moisturisers, Crisco) will perish the condom to breaking point in seconds.

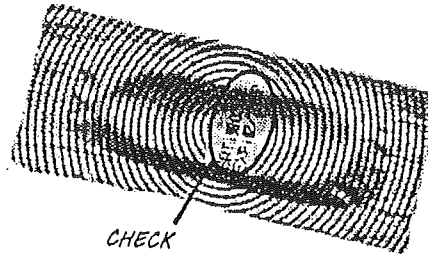
If you've got lube on your cock, wipe it off before you put the condom on. A drop on the tip of your dick will increase sensitivity, but too much will cause the condom to slide off.



If you have a short or medium length foreskin pull it back before rolling the condom on. If your foreskin is long (one with 'overhang' or skin that covers your cock-head when hard) leave it forward otherwise the condom could roll off when your foreskin slides back into place. To put the condom on use both hands.



HOLD THE BASE OF YOUR COCK AND THE CONDOM WHEN YOU PULL OUT

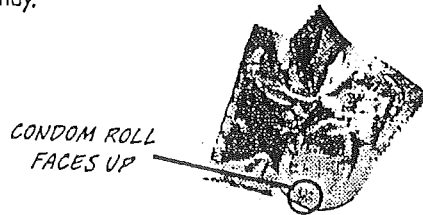


CHECK EXPIRY DATE

If you have a thick cock, condoms are more likely to break, so try a larger condom. If the condom is too big for your dick it could roll off, so experiment with different sized condoms to find one that fits.

Opening a condom wrapper in the middle of sex can be fiddly, so half open the wrapper before you get started. Many condom wrappers have a serrated/crinkly edge—tear this downwards. Lube covered fingers can also make it difficult—keep a towel handy.

A good workman always checks his tools—before you consider using a condom check the expiry! 'use by' date (it'll be on the box or the condom wrapper and will look like this: exp 05/2001 or use by May 2001). Store condoms in a cool dry place out of direct sunlight.



Trouble finding which way the condom unrolls? Try unrolling a little of the condom onto your finger first. The ring of the rolled condom should be on the outside.

If you start to put it on your cock and discover it's inside out, throw the condom away and get another one—you might already have precum on the side that's going inside him.

YOUR PENIS IS SPECIAL!

CHOOSE A COMFORTABLE CONDOM

