



## The Grail – A Hero's Quest to the Self September 10-12<sup>th</sup> 2010



In our culture, there is often little time (or support) available for men to experience their innermost expression of spirit. This seems to be true regardless of how we define ourselves. Once in a while there comes an opportunity to experience true release from the daily world.

The Grail is a three-day residential experience which offers men the opportunity experience a powerful transformation in awareness, gaining in self acceptance and self love through a potent engagement with other men in a privileged space. Men who have experienced The Grail describe the experience as a combination of discomfort, surprise, warmth and like many deep bonding situations many wish it would never end.

The Grail takes place in an environment of safe vulnerability. It is a sacred space in which men open their hearts and souls. There is no judgement, there is no criticism, there is no advice giving. There is only each individual man's truth, his experience and his sharing of who he authentically is.

Entering the unknown of the self takes courage and calling – those who are called know it – somewhere inside themselves. This is your invitation to answer your call and take the next step towards release and peacefulness.

This year's Grail in New Zealand is being held over the weekend of **September 10-12, Friday through Sunday**, at Riverslea Retreat in the beautiful Otaki Gorge.

If you feel called to experience the Grail and would like more information or to secure a place, please contact

**Meaburn Staniland** 04 297 0770 / 027 4179643

**Mark Holloway** 04 479 5581 / 027 2735731

[meabshe@xtra.co.nz](mailto:meabshe@xtra.co.nz) or

[anneandmark@xtra.co.nz](mailto:anneandmark@xtra.co.nz)