

“It is great to see more men taking responsibility for their health. Men now have a greater awareness of impotence and prostate cancer. Unfortunately 500 New Zealand men die each year from prostate cancer, 3,300 from other forms of cancer and 5,400 from heart disease, high blood pressure and stroke. Early detection would invariably save lives. Men need to act sooner rather than later.

MenzMedical provides a specialised service for men and has many excellent options for treating male specific conditions and also health problems of a more general nature. As some male problems cause a great deal of anxiety, our formulated health plan will help put your mind at ease.

Come and see us, let us assist you in leading a healthy balanced life with a sense of wellbeing.”

Dr Rob Williams
MD MHS_c BSc FRNZCGP

Dr Brendan Kane
MBChB BSc MRNZCGP

**Take the initiative to
maintain your health**

Ph 0800 4 MALES



Complete health and wellbeing for men.

A member of the Pegasus Medical Group

A member of 'Partnership Health
Canterbury' PHO

Dr Rob Williams
MD MHS_c BSc FRNZCGP

158 Fitzgerald Avenue
Christchurch

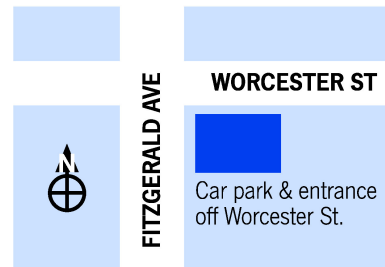
Phone: (03) 981 8181

Fax: (03) 981 9191

rob@menzmedical.com

www.menzmedical.com

Dr Brendan Kane
MBChB BSc MRNZCGP



**A MEDICAL
CENTRE JUST
FOR MEN**



Complete health and wellbeing for men.

A NEW CONCEPT IN HEALTH CARE FOR MEN

Having worked for over 25 years as a doctor in Canada, the U.K. and New Zealand; Dr. Rob Williams realised that men have special health needs which were not being exclusively catered for. Established to provide both general and male specific health care, MenzMedical introduces a new concept in health care for men and is a first for Christchurch. MenzMedical is designed to offer men the highest quality service which is completely confidential, thorough and in quiet, comfortable surroundings. Consultations are by appointment only with plenty of time allowed for a thorough examination and discussion. Fees are based on consultation time and are competitive with general practice. The friendly male staff will ensure you feel at ease during your visit. No matter what your health need is, we invite you to come in for a consultation.

GENERAL SERVICES MEN'S WARRANT OF FITNESS

A thorough examination with blood tests, for men who are generally healthy but are interested in health maintenance and disease prevention.

HIGH BLOOD PRESSURE MANAGEMENT
Hypertension is the silent and sometimes fatal disease. We will perform a thorough examination of blood pressure with follow-up treatment as necessary.

CHOLESTEROL
Following a prearranged blood specimen the patient then comes in for a discussion about the results and options for treatment.

WEIGHT CONTROL
This consultation will evaluate the severity of overweightness and examine options for control. On going monitoring as necessary.

SNORE-OPS
A simple operation, where a radio frequency probe is applied to the soft palate. Studies show that 80% of snorers gain relief through 'Snore-OP'.

MEDICAL COUNSELLING
As experienced general practitioners and medical health workers, Drs. Rob Williams and Brendan Kane are in a good position to counsel on various problems such as stress, addiction, depression, anxiety, phobias and panic attacks. A registered and qualified counsellor is also available.

TRAVEL MEDICINE
Travelling overseas? When planning your overseas trip come in to see us early to ensure you are up to date with the appropriate vaccination and travel health advice.

SPORTS & MUSKULOSKELETAL MEDICINE
Dr Brendan Kane has a specific interest in sports & musculoskeletal medicine and is happy to assist with your needs.

MALE SPECIFIC SERVICES PROSTATE CHECK

Prostate enlargement may cause frequent urination or a slow stream. Some enlargement is caused by prostate cancer. Men with such symptoms are advised to have an annual check of the prostate, particularly if there is a family history of the disease.

ERECTILE DYSFUNCTION
This common health problem has a wide range of treatment options available. Most men can significantly improve their sexual function and regain confidence. A thorough medical assessment is an essential part of this treatment.

PREMATURE EJACULATION
This common problem affects a third of all men and can be treated using a variety of techniques.

MALE INFERTILITY
This is a 30 minute examination and discussion about male infertility. With modern technology, nearly all males are now able to become genetic fathers.

VASECTOMY
The modern 'scalpel-less' technique involves no cutting. There is less pain and swelling and a quicker recover time.

STD CHECKS
A full STD check includes HIV, gonorrhoea, chlamydia and syphilis with follow-up and treatment.

LIBIDO PROBLEMS
For men who consider that there is an imbalance in their sex drive or libido, hormonal and other tests may be advisable in addition to counselling.